



## SPRING & SUMMER NEWSLETTER 2006

From Chef John Sharpe:

### **Summer Squash Blossom Food Festival**

Celebrating the local foods from our Community Farmers Markets and the local growers of Northern Arizona.

Beginning sometime in late June and running throughout the months of July, August and September, I will be creating dishes celebrating not only the wonderful squash blossom but also many others locally grown indigenous foods. As most of you know, I try to feature local foods as often as I can obtain them and this is the best time of the year for growing in this region. Squash blossoms are subject to the weather so please call to see if they have blossomed.

The squash blossom has been a celebrated traditional and ceremonial food for many Native American tribes for centuries. I will serve them in salads as well as stuffed and fried. You will see them floating in fragrant soups and peeping out of crisp Quesadilla along with local goat cheese and fresh peppers. My farmer friends have planted many varieties of tomatoes, squash, peppers, corn and beans. These are all foods native to this region and I will be serving them all in many different ways during breakfast, lunch and dinner.

I am bringing in fresh wild salmon from Alaska throughout the summer. This comes to us from the Deep Creek Cooperative in Nilinchic, on the Kenia Peninsula, Alaska. My other fish contacts send us fresh fish via overnight freight from New Orleans and Boston. So being in the high desert is not so bad after all!

I continue to serve elk, buffalo and quail almost on a daily basis. These are also flown in overnight and arrive fresh and table ready. I will be changing the menu on a weekly basis as foods become available and as they disappear so I will not list the menu items at this time. Safe to say I can guarantee you a wonderful dining experience and hope you can find the time to visit us this summer.

The hotel continues its goal towards complete renovation so if you have not been here for a while you will notice the many changes that had taken place over the years.

For hotel room reservations please call 928-289-4366 or email them at [laposada.org](mailto:laposada.org).

Please call 928-289-2888 or email us at [dine@theturquoiseroom.net](mailto:dine@theturquoiseroom.net) for your dining reservations.